Tsuen Wan Trade Association Primary School

Circular 25-156/N06

2nd March, 2026

Dear Parents,

Circular on Jump Rope for Heart Programme and Fundraising Activity

We will teach heart health and skipping techniques at school, to promote a healthy lifestyle and encourage students to exercise. We join the Jump Rope for Heart Programme (JRFH) every year. The Rope Skipping Demonstration and Heart Health Talk will be held on April and the Rope Skipping Fun Day will be held on 3rd July, 2026 for all students to participate.

JRFH is a long-term heart health promotional programme and it needs your support in raising funds. Therefore, our school hold a fundraising activity from 2nd to 6th March, 2026. We hope that you will permit your children to take part in this meaningful fundraising activity. Please note that this is a voluntary activity. You may decide whether to donate or not. A receipt can be issued for donations of $100 or more.

Please note that a set of JRFH souvenirs will be awarded to students by the organizer for donations over HK$50. 15% of the funds raised will be donated to our school for organizing the Rope Skipping Fun Day and other related activities.

Funds raised	JRFH Souvenirs Awarded
$50	3 in 1 Color Ball Pen or Phone Holder Ball Pen + Bookmark
$100	3 in 1 Color Ball Pen or Phone Holder Ball Pen + Bookmark + Rope
$300	Ball Pen or Phone Holder Ball Pen + Bookmark + Rope + Reusable Cutlery Set + Socks
$500	Ball Pen or Phone Holder Ball Pen + Bookmark + Rope + Reusable Cutlery Set + Socks +Sports Towel + Rope Bag + USB (16GB)

Participants can donate through AlipayHK or Octopus Card System in school on or before 6th March, 2026. If you have any queries, please contact Mr. Liu Chun Yat or Ms. Leung Sze Nga.

Yours faithfully,

Chow Kim Ho

Chow Kim Ho

Principal

Tsuen Wan Trade Association Primary School

Reply Slip of Circular 25-156/N06 <Please return it to Ms. Leung Sze Nga via the class teacher>

Circular on Jump Rope for Heart Programme and Fundraising Activity

Dear Principal,

I acknowledge receipt of the above-mentioned circular regarding the Jump Rope for Heart Programme and Fundraising Activity.

* ☐ I agree to let my child raise funds for the JRFH Programme and donate $_____
  (A receipt can be issued with donations of $100 or more.
  Please address the receipt to: _____)
  ☐ I do not permit my child raise funds for the JRFH Programme.

Student's Name : _____ ( ) Parent's Signature : _____

Class : _____ Date : _____

* Please put a '✓' in the appropriate box.